

**Peter D. Zeegen, M.D., F.A.C.S.**  
**Postoperative Cataract Care Instructions**  
**(818) 990-3623**

**1. The day of surgery**

- a. 2-3 hours after you arrive home use your **OFLOXACIN**, **KETOROLAC** and **PREDNISOLONE ACETATE** eye drops.
- b. Use all 3 drops again at dinner & bedtime.
- c. Do not press or rub the eye.
- d. Sleep with the shield tonight.



**2. The day after the surgery**

- a. You do not need to wear the shield any more except at bedtime for 2 nights.
- b. You can resume normal activities.
- c. Bending and lifting are OK as long as there is no discomfort.
- d. Showering or bathing are OK but avoid getting water in your eye.
- e. Do not wear makeup for 1 week.



**3. Postoperative eye drops**

- a. **OFLOXACIN** 1 DROP 3 X A DAY for 10 days.
- b. **KETOROLAC** 3 X A DAY until the bottle is finished.
- c. **PREDNISOLONE ACETATE (Shake well)** 1 DROP 3 X A DAY for 1 month.
- d. Wait a few minutes between each drop. **You may finish one bottle before another, this is OK. Just use each as instructed.**

**4. Normal postoperative complaints**

- a. Your eye may be red.
- b. Your vision may be blurred.
- c. Your pupil may be large and dilated.
- d. Your eye may feel scratchy, teary, and light sensitive.
- e. You may see floaters or black spots.



- 5. Please call the office immediately if there is a serious problem.** Increased redness, pain, swelling, or worsening blurred vision requires an immediate phone call or attention.