



Ophthalmology  
Associates  
of the Valley

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**Postoperative Cataract Care Instructions**  
**(818) 990-3623**

**1. The day of surgery**

- a: After you arrive home use your **ANTIBIOTIC, NSAID** and **STERIOD** drops. Wait 2 minutes between drops. Shake the drops well. Use all 3 drops again at dinner & bedtime.
- b: Do not press or rub the eye.
- c: Sleep with the shield tonight.

**ANTIBIOTIC**



**2. The day after the surgery**

- a. You do not need to wear the shield any more except at bedtime for 2 nights.
- b. You can resume normal activities.
- c. Bending and lifting are OK as long as there is no discomfort.
- d. Showering or bathing are OK but avoid getting water in your eye.
- e. Do not wear makeup for 1 week.

**NSAID**



**3. Postoperative eye drops**

- a. **ANTIBIOTIC** 1 DROP 3 times A DAY for 10 days.
- b. **NSAID** 1 DROP 3 times A DAY until the bottle is finished.
- c. **STERIOD** 1 DROP 4 times A DAY for 1 week. Then 3 times a day for 3 more weeks. **SHAKE WELL before using**
- d. Wait a couple of minutes between each drop. **You may finish one bottle before another, this is OK. Just use each as instructed.**

**STERIOD**



**4. Normal postoperative complaints**

- a. Your eye may be red.
- b. Your vision may be blurred.
- c. Your pupil may be large and dilated.
- d. Your eye may feel scratchy, teary, and light sensitive.
- e. You may see floaters or black spots.

**5. Please call the office immediately if there is a serious problem.** Increased redness, pain, swelling, or worsening blurred vision requires an immediate phone call or attention.