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Postoperative Cataract Care Instructions
(818) 990-3623

1. The day of surgery

- a: 2-3 hours after you arrive home use your **ANTIBIOTIC**, **NSAID** and **STERIOD** drops.
Use all 3 drops again at dinner & bedtime.
- b: Do not press or rub the eye.
- c: Sleep with the shield tonight.

ANTIBIOTIC



2. The day after the surgery

- a. You can resume normal activities.
- b. Bending and lifting are OK as long as there is no discomfort.
- c. Showering or bathing are OK but avoid getting water in your eye.

NSAID



3. Postoperative eye drops

- a. **ANTIBIOTIC** 1 drop 3 times a day for 10 days.
- b. **NSAID** 1 drop 3 times a day for 1 month.
- c. **STERIOD** 1 drop 3 times a day for 1 month.
Shake this one medication well before using.
- d. Wait a few minutes between each drop.



4. Normal postoperative symptoms

- a. Your eye may be red.
- b. Your vision may be blurred.
- c. Your pupil may be large and dilated.
- d. Your eye may feel scratchy, teary, and light sensitive.
- e. You may see floaters or black spots.

STERIOD



5. Postoperative Activity

- a. You may resume normal daily activities
- b. You may resume vigorous aerobic exercise. You may golf.
- c. No swimming until the doctor gives permission
- d. You may wear eye makeup 1 week after surgery.



6. Please call the office immediately if there is a serious problem.

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Increased redness, pain, or swelling requires an immediate phone call or attention.