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Cataract Surgery
Postoperative Instructions

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1. The day of surgery

- a. Do not press or rub the eye.
- b. Sleep with the shield tonight.

2. The day after surgery – “Bring the kit given to you at the surgery center back to the office for your appointment”

- a. You can resume normal activities.
- b. Bending and lifting are OK as long as there is no discomfort.
- c. Showering or bathing are OK but avoid getting water in the eye.

3. Postoperative eye drops

- a. **VIGAMOX** (Beige Top) 4 X a day for 3 days then 3 times a day.
- b. **OMNIPRED** (Pink Top) 4 X a day for 3 days then 3 times a day. **SHAKE WELL**
- c. **NEVANAC** (Grey Top) 4 X a day for 3 days then 3 times a day. **SHAKE WELL**
- d. Wait a few minutes between each drop. **You may finish one bottle before another, that is OK. Just use each bottle until it is finished.**



4. Normal postoperative symptoms

- a. Your eye may be red.
- b. Your vision may be blurred.
- c. Your pupil may be large and dilated.
- d. Your eye may feel scratchy, teary and light sensitive.
- e. You may see floaters or black spots.



5. Postoperative activity

- a. You may resume normal daily activities.
- b. You may resume vigorous aerobic exercise. You may golf.
- c. No swimming until the doctor gives permission.
- d. You may wear eye makeup 1 week after surgery.

6. Please call the office immediately if there is a serious problem. (818) 990.3623
Increased redness, pain, or swelling requires an immediate phone call or attention.

