

## Brad S. Elkins, M.D., F.A.C.S. Postoperative Cataract Care Instructions

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### 1. The day of surgery

- 2-3 hours after you arrive home, use your **VIGAMOX**, **NEVANAC**, and **OMNIPRED** drops. Use all 3 drops again at dinner & bedtime.
- Do not press or rub the eye.
- Take the shield off to apply the drops. Then, replace the shield when finished.  
Sleep with the shield tonight. You can throw it away in the morning.
- Try to wait 3 to 5 minutes between each drop.

### 2. The day after surgery – **“Bring the kit given to you at the surgery center back to the office for your appointment”**

- You can resume normal activities.
- Bending and lifting are OK as long as there is no discomfort.
- Showering or bathing are OK but avoid getting water in the eye.

### 3. Postoperative Eye Drops

- VIGAMOX** (Beige Top) 1 DROP 3 X a day until bottle is finished.
- OMNIPRED** (Pink Top) 1 DROP 3 X a day for 1 month after surgery.
- NEVANAC** (Grey Top) 1 DROP 3 X a day for 1 month after surgery.
- Wait a few minutes between each drop. You should shake the drops before using.  
You may finish one bottle before another, which is OK.



### 4. Normal postoperative complaints

- Your eye may be red.
- Your vision may be blurred.
- Your pupil may be large and dilated.
- Your eye may feel scratchy, teary and light sensitive.
- You may see floaters or black spots.



### 5. Postoperative Activity

- You may resume normal daily activities.
- You may resume vigorous aerobic exercise.
- No swimming for 1 week.
- You may wear eye makeup 1 week after surgery.



### 6. Please call the office immediately if there is a serious problem. Increased redness, pain, or swelling requires an immediate phone call or attention.